



Daily Special  
 Includes fruit and vegetable choices,  
 whole grain breads and rolls and milk.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Grilled Cheese Sandwich Tri-Tater
4 Chicken Nuggets w/Cornbread	5 Pancakes Turkey Sausage Tri-Tater	6 LATE START Hot & Spicy Chicken Sandwich	7 Salisbury Steak Sandwich	8 Bacon Cheeseburger
11 **Chicken Nuggets	12 Hot Dog	13 *BBQ Rib Sandwich	14 Chicken Quesadilla	15 Hot & Spicy Chicken Sandwich
18 PRESIDENT'S DAY NO SCHOOL	19 Bacon Cheeseburger	20 Meatball Sub Sandwich	21 Mini Corn Dogs	22 Chicken Nuggets w/Cornbread
25 Hot Dog	26 Mini Corn Dogs	27 Pasta w/Meat Sauce	28 **Chicken Tenders	

**Fresh Fruit & Veggie Bar available daily with all lunches**

**Crispy or Grilled Chicken Sandwich**  
**Grilled Burgers**  
**Nacho Supreme with zesty salsa and jalapeños**

<b>Daily Pizza Options</b> Cheese Or Pepperoni	<b>Daily Pizza Options</b> Cheese Or Pepperoni	<b>Daily Pizza Options</b> Cheesy Garlic Flatbread	<b>Daily Pizza Options</b> Cheese Or Pepperoni	<b>Daily Pizza Options</b> Individual Cheese Or Pepperoni
<b>Daily Fresh Deli</b> Turkey and Cheese Wrap	<b>Daily Fresh Deli</b> Chicken Caesar Wrap	<b>Daily Fresh Deli</b> Turkey and Cheese Wrap	<b>Daily Fresh Deli</b> Chicken Caesar Wrap	<b>Daily Fresh Deli</b> Turkey and Cheese Wrap
<b>Daily Fresh Salads</b> Crispy Chicken Salad	<b>Daily Fresh Salads</b> Garden Salad	<b>Daily Fresh Salads</b> Crispy Chicken Salad	<b>Daily Fresh Salads</b> Garden Salad	<b>Daily Fresh Salads</b> Crispy Chicken Salad

V=Vegetarian option available  
 \*\*Served with a roll  
 \*Contains or may contain pork ingredients.

Menu changes are occasionally necessary. Notice will be given when possible.



## Oaklawn Hometown February 2019

**Lunch**  
**\$2.85**  
 Milk is included  
 with Lunch

**Milk**  
**\$0.60**  
 A Variety of Milk  
 is Available Daily

**Arbor A+ Nutrition Mission**

**To serve students daily:**

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

*-Arbor Management-*

**Make Choices for a Healthy Lifestyle!**

arbor online  
arbormgt.com

For more information or to "Ask the Dietitian", check out our website!

**Questions about the menu?**  
 Donna Urchell  
 durchell@d123.org  
 708-499-6400 Ex4305

**Comprehensive nutrition & allergy guides are available in the Foodservice Office.**

