

# Nutrition & Allergen Information



A binder of vendor product specifications, including nutritional, ingredient, and allergen information, for all items is available in the Food Service Director's office as well as with the School Nurse.

In addition, our vendor provides a product lookup site to view product specifications online. You may obtain product codes for menu items as well as the vendor lookup site through the Food Service Director.

Please note that occasional substitutions may be required due to vendor shortages or mandated commodity usage. Proper documentation for students with dietary restrictions is important for communication of dietary changes among school faculty and staff.

Arbor Management managers and staff are trained in proper food handling, sanitation, and allergen management procedures.

## Accommodating Children with Special Dietary Needs

The U.S. Department of Agriculture's (USDA) nondiscrimination regulation (7 CFR 15b), as well as the regulations governing the National School Lunch Program and School Breakfast Program, state that substitutions to the regular meal prepared for the general school population must be made for children who are unable to eat school meals because of their disabilities, when that need is certified by a licensed physician. The Modified Meal Request is required for documentation and must be signed by a Prescribing Physician/Medical Authority. The statement must include:

- the nature of the child's disability
- the reason the disability prevents the child from eating the regular school meal
- the specific substitutions needed

The guidance is based on the policy guidelines outlined in the FNS Instruction 783-2, Revision 2, Meal Substitutions for Medical or Other Special Dietary Reasons.

Students or parents/guardians of students with severe life-threatening food allergens (food anaphylaxis) or special dietary needs due to disability are encouraged to schedule a menu review with the Food Service Director and School Nurse upon submitting the Physician's Statement for Food Substitution. If a request is not based on a disability signed by a recognized medical authority, it is at the district's discretion whether or not they will accommodate the request per federal regulation.

## Resources

[Modified Meal Request-Form](#)

[CDC Food Allergies in Schools Toolkit](#)

[FARE \(Food Allergy Research & Education\)](#)

[Student Allergy Safety Awareness](#)

[Handbook for Managing Special Dietary Needs in School Food Service-ISBE](#)